

CARDINAL DISTRICT ROUNDTABLE

Aug 5, 2021

We're BACK!



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Roundtable Welcoming Rules

COVID 19 Rules

Everyone must be masked **inside** the Apex United Methodist Church facilities

Masks and hand sanitizer are available at the back of the room

MORE THAN EVER - YOU MAKE A DIFFERENCE!

Let us know what information and topics you would like to see covered.

Let us know if you would like to present or know of a potential speaker for the General Session topic.

We are looking for spotlight units to present on an event or activity that went well for your unit



“Hybrid” Roundtable

We will be “broadcasting” tonight’s Roundtable up through the General Session via the ZOOM link

If you are a presenter and receive a question from the Scouters here this evening, please repeat the question and then provide your answer. The microphone may not pick up the question from the audience

If you are viewing tonight via ZOOM and have a question, please type your question in the chat.

We are currently unable to “broadcast” the breakout sessions for tonight’s Roundtable via the ZOOM link



Roundtable Agenda

Gathering: 7:00 PM

General Session: 7:15 PM

Opening / Welcome

District Key 3 Comments

Unit Spotlight: Cub Scout Pack 320

Program Update

Training Update

Advancement Update

Safety Moment: ADHD

General Session: GAPS

Breakout Sessions:





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District Social Media

District Website

<https://cardinal.ocscouts.org/>

District Facebook Page

Cardinal District, Occoneechee Council, BSA



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District Commissioner Update



Questions:
Scott Fedorchak
frodo06@aol.com



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District Status

Current District strength is 71 units

(26 Cub Scout, 35 Scout BSA, 7 Crews, 1 Ship and 2 Post)

Please continue to track the YPT status of Scouters. Our goal is 100% current YPT

We are working on adding several new units this year

T-232G

T-320G Fuquay Varina

T-444G Fuquay Varina

Ship 333

Two new Scouts BSA female Troops are in the planning stage



2022 Registration Fees

Effective 1 August 2021, the new 2022 registration fees are:

Youth Registration \$138

National Cub Scout, Scout BSA, Venture	\$72
Council Program fee	\$54
Council Insurance fee	\$12
* New Scout registration fee	\$25

Explorer and Adult Registration \$57

National	\$45
Council Insurance fee	\$12

MBC, Nova Counselor and Supernova Mentor \$0

During the Fall Recruiting Drive, use this fee structure when calculating the pro-rated fees for the rest of 2021



Recharter 2022

The District recharter window will open on 1 December 2021, and closes on 31 January 2022

The District November Roundtable will provide an update on the new recharter system and changes

We are changing the Council recharter period to coincide with the calendar year. Our District recharter period from this year forward will go from January to December of each calendar year.

Financial assistance for National registration fees and Council program fees is available. There is a form to be completed for each Scout and Scouter

Units should NOT turn-in recharter packets directly to Council. Turn-in dates/times/locations for December and January will be scheduled



2022 Recharter

In December, we will be rechartering for only 11 months to bring our recharter period to Jan-Dec. The 2022 registration fees are:

Youth Registration	\$126.50
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National Cub Scout, Scout BSA, Venture	\$66.00
Council Program fee	\$49.50
Council Insurance fee	\$11.00
* New Scout registration fee	\$25.00

Explorer and Adult Registration	\$52.25
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National	\$41.25
Council Insurance fee	\$11.00

MBC, Nova Counselor and Supernova Mentor \$0

Unit Fee	\$75
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District Commissioner Topics

Please ensure that your unit Key 3 positions in My.Scouting.org are current

Make sure that your unit “pin” in BeAScout.org is updated with current contact and meeting information

We have several District wide recruiting events currently planned. Now is the time to start executing your unit Fall recruiting activities

The 2023 World Scout Jamboree is scheduled for 1-12 Aug 23 in SaeManGeum, South Korea. Registration is not open, but you can sign up to indicate interest at

[25th World Scout Jamboree 2023 - USA Contingent \(wsj2023.us\)](https://www.wsj2023.us)



Coronavirus Activities Update

There are anticipated changes coming from North Carolina Governor's office in the near future in response to the spike in the Delta variant.

Federal, state and local businesses may still require face coverings. Face coverings are still required for public transportation, schools and child care facilities

BSA has released updated COVID guidance at the link below:

https://www.scouting.org/coronavirus/covid-19-faq/?utm_source=scoutingwire&utm_campaign=swvolunteer7282021&utm_medium=email&utm_content=A

Follow the guidance directed by your local authorities and Charter Organization!



District Chairman Update



Questions:
Neil Smith
mneilsmithlaw@gmail.com



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District Chairman Update



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Family Scouting Executive Update



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Questions:

Tyler.Perkinson@scouting.org



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District Family Scouting Executive

Popcorn Sales

District Fall recruiting events



District Recruiting Events

- 15 Sep 21 6:00-7:30 PM Bond Park, Cary**
- 22 Sep 21 6:00-7:15 PM Lake Benson Park
Shelter 1, Garner**
- 22 Sep 21 6:00-7:15 PM Womble Park Picnic Shelter
Holly Springs**
- 29 Sep 21 6:00-7:30 PM Kelly Road Park Picnic Shelter
Apex**
- 29 Sep 21 6:00-7:30 PM Fleming Loop Park
Fuquay Varina**



Unit Spotlight

Cub Scout Pack 320 Fuquay Varina United Methodist Church



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Unit Spotlight



**SCOUT
LIKE A GIRL**

camping • hiking • fishing • friends
Girls grades Kindergarten to High School

Come out for a day of fun and see what being a part of
Cub Scout Pack 320 and Troop 320G
is all about!

Sunday, July 25th
1pm to 3pm
fuquay varina united methodist church

water bottle rockets
recycled garden
fishing practice
boat races

For more information contact: cspack320fvcc@gmail.com



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Accolades and Recognition



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Program

Vice Chairman Program:
Glen Traylor
trusguy@gmail.com



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District Program Updates

22-24 Oct 21 District Spook-o-ree

Location: Camp Durant

Courtney Trujillo

25-27 Mar 22 District Camporee

Location: Camp Durant

Greg McGrew



CARDINAL DISTRICT CAMPOREE



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Save the Date/Objectives

When: March 25 – 27, 2022

Where: Camp Durant and Reeves

Theme: Search and Rescue

Proposed/Anticipated Fee*:

Early Registration \$10/participant

Normal Registration \$15/participant

*Final cost will be determined once
the Camporee program is finalized

Program Objectives

Open to both Scouts BSA and Cub Scouts

**Program events are planned to satisfy a
rank requirement or merit badge
requirement**



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Camporee Staff Committee

Greg McGrew (Troop 209)

Bill Casola (Troop 209)

Larry Williams (Troop 209)

Brian Lehrschall

David Bernath (Troop 202)

Don Gantt (Troop 320)

Robert Froom (Troop 10)

Jim Gangi (Pack 10)

Donna Dragon (Troop 204/226G)

Please send an email to mcgrew.gregory@gmail.com if you would like to be on staff



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Camporee Staff Positions

Camporee Chief: Greg McGrew

Vice Chief:

Program:

Scouts:

Cubs:

Logistics:

Promotion:

Awards:

**OA Advisors: Donna Dragon &
Sam DeShong**

Health and Safety:

Registration/Finance: Donna Dragon

Staff Cook Crew: Glenn Traylor

NCAP Administrator: Brian Lehrschall

Professional: Tyler Perkinson

**Please send an email to mcgrew.gregory@gmail.com
if you would like to be on staff**



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Questions?



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District and Council Events: Cub Scouts

2021

22 - 24 Oct 21 **Cardinal District Spook-o-ree**
Camp Durant

2022 **For your unit 2022 Planning Calendar**

25-27 Mar 22 **Cardinal District Camporee**

2 Apr 22 **Cardinal District Pinewood Derby**

22-24 Apr 22 **Council Cub-o-ree**

20-24 Jun 22 **Cardinal District Twilight Camp**

16 Jul 22 **Cardinal District Stem Day**

30 Jul 22 **Cardinal District Fishing Derby**



District and Council Events: Scouts BSA, Venture & Sea Scouts

2021

24 - 26 Sep 21

Davy Jones Locker

Camp Durant

15 - 17 Oct 21

Jamboree on the Air (JOTA)

Jamboree on the Internet (JOTI)

2022

For your unit 2022 Planning Calendar

25-27 Mar 22

Cardinal District Camporee

Camp Durant

1-3 Apr 22

Council Winter Blast

Camp Durant



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Scouts, BSA Merit Badge Colleges

None Scheduled at this time



TRAINING



Registered New Leaders?

- 1) *Every Scout deserves a trained leader*
- 2) *BSA guidelines are that Scouters should be trained within 90 days of joining the unit*
- 3) *Does your Unit have a Plan and Schedule to complete TRAINING?*
- 4) *When was the last time your Unit conducted an assessment to determine training needs?*
 - A) Youth Protection Training 2.0
 - B) Training for new and existing leaders



District and Council Training Events: Cub Scout Leaders

***25-26 Sep 21* Sandhills District BALOO**

Location: Twin Oaks Farm, Lillington

***22-23 Oct 21* Cardinal District IOLS (proposed)**

Location: TBD

***20 Nov 21* District Position Specific Training (proposed)**

Location: Apex Jaycee Park

6 Nov 21 University of Scouting

Format & location TBD



Scouts, BSA Youth Training



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District and Council Training Events: Scouts BSA

10-12 Sep 21 **Woodbadge Weekend 1 (Full)**
Location Camp Durant **Current wait list is 20+ Scouters**

25-26 Oct 21 **Sandhills District IOLS**

Location: Twin Oaks Farms, Lillington

1-2 Oct 21 **Woodbadge Weekend 2 (Full)**

Location: Camp Durant

22-23 Oct 21 **District IOLS (proposed)**

Location TBD

6 Nov 21 **University of Scouting**

Format & location TBD

20 Nov 21 **District Position Specific Training (proposed)**

Location: Apex Jaycee Park



Other Council Training Events

1-3 Oct 21 COPE/Climbing Instructor

Location: Camp Durant

[Registration Link through Tentaroo is on Council website](#)



ORDER OF THE ARROW



Ila Machque Chapter Meeting

Thursday Aug 26, 7:00 – 8:00 PM

American Legion Post 116, 6400 Johnson Pond Rd,
Fuquay-Varina

Questions: Sam Deshong samdeshong@gmail.com

Netami Chapter Meeting

Second Thursday of month, Sep 9 6:30 – 8:00 pm

Apex United Methodist Church, 100 S Hughes St, Apex

Questions: Donna Dragon okdragon204@outlook.com



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Order of the Arrow Events

20-21 Aug 21

Camp Durant

OA Trade-o-ree / Gentgeen

17-19 Sep 21

Camp Durant

Fall Fellowship

16-17 Oct 21

Camp Durant

OA Vigil Gathering

19 Nov 21

TBD

OA LEC

20 Nov 21

TBD

OA LLD

4 Dec 21

Camp Durant

OA Banquet



Order of the Arrow Events

August 20 – 21st **Trade-o-Ree**

Friday 4 pm – midnight, Saturday 9 am – 3 pm

Camp Durant – Grand Lodge

Cost – Free

Meals – Tickets are available for purchase

at <https://lodge104.net/calendar/trade-o-ree/>

This is a great event to see what is so fun about patch trading. There will be patch enthusiasts from all across the nation.



Order of the Arrow Events

August 21st

Gentgeen 101

Camp Durant – Sullivan Center

Cost – Free

RSVP and purchase meal tickets, if interested,
at <https://lodge104.net/calendar/trade-o-ree/>

Gentgeen is a day of classes for those that are interested in AIA (American Indian Affairs) in the Lodge. There will be classes on ceremonies, dancing and drumming. In addition, there will be the option to start on your own regalia.



Order of the Arrow Events

September 17 – 19th

Fall Fellowship

Camp Durant

Cost - Current members pay the event fee of **\$20.00** when you [pre-register](#) **at least a week in advance**, plus any [annual dues](#) that have not been paid. The cost at the door or less than a weeks notice is **\$30.00** plus any [annual dues](#) that haven't been paid. This covers your meals, program activities, and event patch.

What is there to do?

[The Ordeal](#) (sign up button is on the main page at Lodge104.net)

[Brotherhood Trail](#)

[Vigil Call Out](#)

Lodge Elections

Fun and fellowship

Patch Trading

Service Projects

Thunderfest



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Advancement & Recognition

Questions:
Tom Allen
ellenandtomjr@nc.rr.com



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Advancement

- **New 2021 Guide To Advancement.**

<https://filestore.scouting.org/filestore/pdf/33088.pdf>

- **Eagle Scout Service Project Workbooks**

- All new submissions must use the January 2021 ver C, ESSP workbook (Eagle Scout Service Project) workbook.
- New submissions using the older version will not be accepted
- Any Scout that started in the older workbook, must finish in the older workbook



Advancement

Eagle Committee As of 5/4/2021

- 33 Eagle Scouts Recommended***
- 26 Eagle Projects approved***
- 2 Quartermaster Awards***



Safety Moment

Attention deficit hyperactivity disorder (ADHD)



ADHD - Overview

Attention Deficit Hyperactivity Disorder, or ADHD, is a brain disorder found more commonly in children, but adults can have it as well. It involves difficulty with keeping attention, controlling one's urges, and in maintaining the ability to act appropriately in response to different situations.

As we start our return to “normal” meetings, events and activities and also prepare to welcome new Scouts and families into our fold during the fall recruiting season, we need to be prepared to accommodate the Scouts with special needs



ADHD – General Information

ADHD may include problems involving inattention, hyperactivity, impulsiveness, or any combination of these.

Symptoms include:

- An inability to give close attention to details.
- Making careless mistakes.
- Difficulty paying attention during tasks.
- Not seeming to listen when spoken to directly.
- Difficulty organizing tasks or activities.
- Struggling to follow through on complex instructions.
- Being easily distracted.
- Fidgeting.
- Difficulty awaiting one's turn.
- Interrupting or intruding on others.



ADHD

No one treatment can “cure” ADHD, but many treatments exist that have proven effective in reducing its impact on overall functioning. An approach that is likely most effective includes parent training in behavior management, an appropriate educational program, individual family counseling, and medication when required. Scout leaders are recommended to discuss with the Scout’s parents the approaches that are most effective, including the plan for prescribed medication during Scouting events.



ADHD

How to Help

- Seat the Scout near a good role model.
- Allow extra time to complete work.
- Give clear, concise instructions.
- Ignore minor inappropriate behavior.
- Supervise closely.
- Remind Scout to check over their work.
- Praise appropriate behavior.



ADHD Additional Resources

- [Children and Adults with Attention-Deficit/Hyperactivity Disorder \(CHADD\)—ADHD Overview](#)
- [American Psychological Association—ADHD](#)



General Discussion: Packs, Troops, Crews, Ships

- (1) General Q & A
- (2) Planned Activities 2022

Future Topics / Unit Presentations
(volunteers?)



General Session

GAPS

Gifted And Physically disabled
Scouts



Breakout Sessions



Fall Recruiting
David Crowley
Room:



Historic Trails
Ed Walsh
Room:



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Why Venturing?
Sam Deschong
Room:



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NEXT DISTRICT ROUNDTABLE

- *September 2, 2021
- *Woodbadge Beading!
- *General Session:

Adult Recognition Awards

Opening: 7:00pm

Breakout: 7:30pm



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Breakout Sessions



Fall Recruiting
David Crowley
Room:



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Breakout Sessions



**Historic Trails
Ed Walsh
Room:**



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Breakout Sessions



V E N T U R I N G • B S A

**Why Venturing?
Sam Deschong
Room:**



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World Friendship Fund



 **Give \$1 or more**
Make a Difference!

World Friendship Fund



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GAPS-Gifted And Physically disabled Scouts

Cardinal District



What is GAPS?

Mission Statement

- Gaps, Occoneechee Council, aims to improve the quality of scouting experiences for all scouts with disAbilities while utilizing the guiding principles of the Scout Oath and Law.

What is GAPS?

- Mission Statement
- Gaps, Occoneechee Council, aims to improve the quality of scouting experiences for all scouts with disAbilities while utilizing the guiding principles of the Scout Oath and Law.
- Vision Statement
- The vision of GAPS, Occoneechee Council, is to be a committed resource for scouts, scouting families, volunteers and staff to support reaching maximum potential.



Council Contacts



Kenna McIntire
Program Director

kenna.mcintire@scouting.org

Camp Office: (910) 948-2382

Cell: (919) 665-9619

Renee Seese

Chair

GAPS

occonecheegaps@gmail.com

We
welcome
Scouts with
all abilities
and their
families by:



PROVIDING AN INCLUSIVE
AND UNDERSTANDING
ATMOSPHERE TOGETHER IN
SCOUTING



HELPING AND ASSISTING
EACH SCOUT FAMILY ATTAIN
(REACH) THEIR GOALS IN
SCOUTING



PROVIDING AN OPPORTUNITY
FOR THE SCOUT TO ADVANCE
THROUGH THE PROGRAM



RAISING ABILITIES
AWARENESS IN ALL YOUTH,
ADULTS, AND OUR
COMMUNITY




How do we identify the needs of a Scout?

Have the New Member Coordinator lead an intake interview with the Scout, their family, and Unit Leaders PRIOR to the Scout's first meeting.



The Intake Interview

DO NOT:

- Ask for a diagnosis
 - Share the contents with this meeting with anyone not involved in the accommodations
 - Focus on their shortcomings
- 

The Intake Interview

DO NOT:

- Ask for a diagnosis
- Share the contents with this meeting with anyone not involved in the accommodations
- Focus on their shortcomings

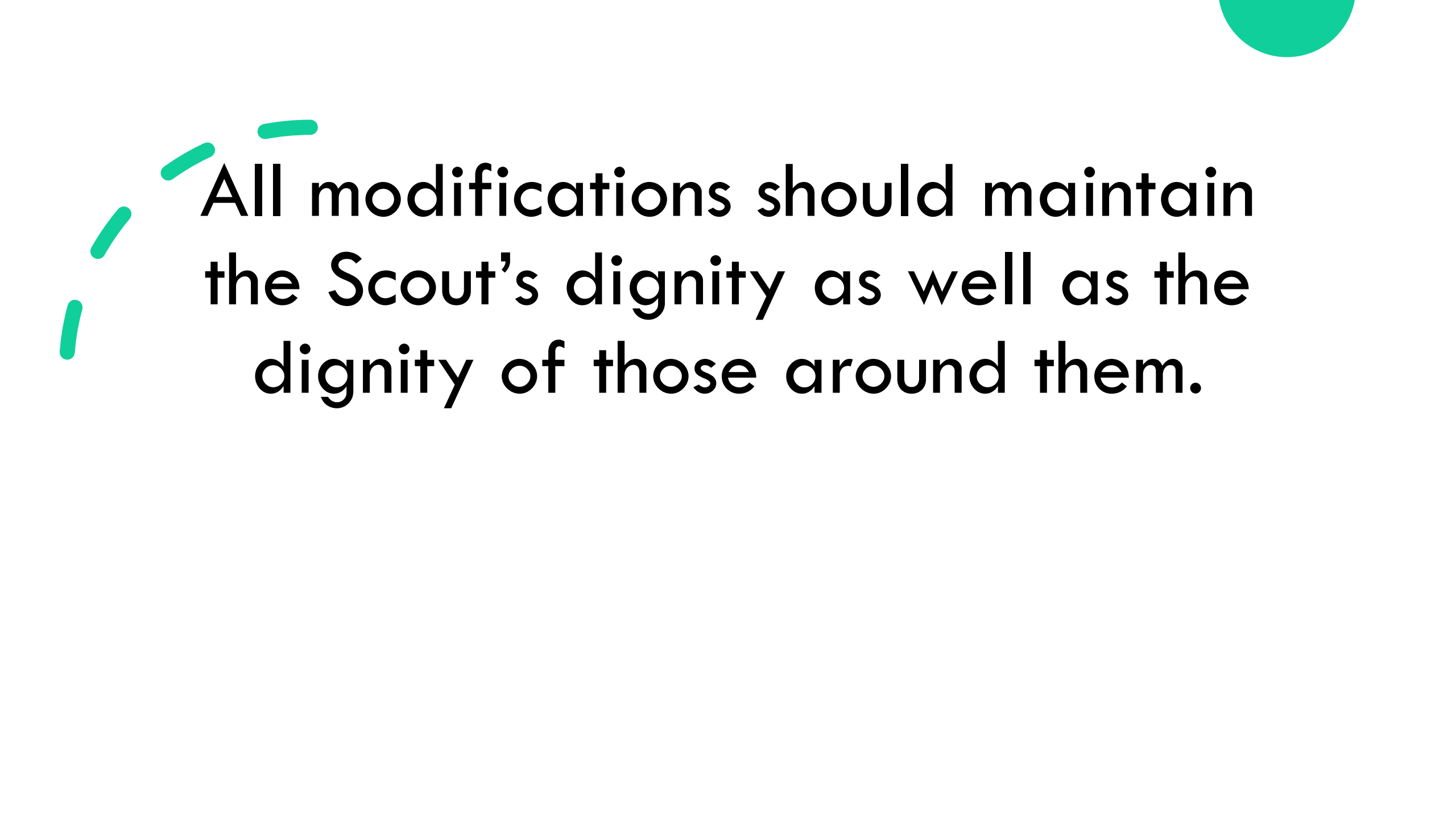
DO:

- ✓ Find out about the Scouts' strengths
- ✓ Encourage the family to share an IEP if it already exists
- ✓ Find out what triggers, meltdowns, repairs and special needs the Scout has
- ✓ Create an ISAP (Individual Scout Advancement Plan (No.512-936))



Advancement for Scouts with Special Needs

Guide to Advancement Section 10



All modifications should maintain the Scout's dignity as well as the dignity of those around them.



Cub Scouts

- Cub Scout Advancement follows the slogan "Do your Best", therefore has a great degree of flexibility
- Modifications and substitutions can be approved by the Cubmaster and Pack Committee
- Adjustments must represent similar challenges
- Registration beyond the age of eligibility



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Venturing

- Registration beyond the age of eligibility
- The activities involved "must fit within the capabilities of the prospective member"
- Must meet all current rank requirements
- No substitutions or alternatives permitted except those already specified

Sea Scouting

- Registration beyond the age of eligibility
- The activities involved “must fit within the capabilities of the prospective member”
- Modifications may be more difficult to establish in order to satisfy necessary safety standards
- Must meet all current rank requirements
- No substitutions or alternatives permitted except those already specified





SCOUTS
BSA

Scouts BSA


- Registration Beyond the Age of Eligibility
- Alternative Rank Requirements
- Alternative Merit Badges for Eagle Scout Rank

Registration Beyond the Age of Eligibility

- Age 11 or older for Cub Scout
- Age 18 or older for Scouts BSA member
- Age 21 or older for Venturer and Sea Scout
- Disability must be “permanent and so severe that it precludes advancement even at a rate significantly slower than considered typical”
- Cognitive abilities to less than the upper limit of
- Different than Time Extension for Eagle and should be applied for much sooner
- Must be approved by Council




Documentation for Registration Beyond the Age of Eligibility

1. Letter from parent or guardian describing the disability and its severity and permanence
 2. A completed youth application or proof of current membership (if under the age of 18) or completed adult application (if aged 18 or older)
 3. Completed and signed BSA Annual Health and Medical Record form
 4. Signed statement from qualified health professional
 5. Letter from unit leader advocating and supporting the registration
 6. Other supporting documentation
- 



Alternative Rank Requirements for Scouts-BSA


- Can apply to Scout, Tenderfoot, Second Class and First Class
 - Must be approved by Council
 - Must provide “similar challenge and learning experience” to the original requirement
 - Board of Review members should be informed of special circumstances and needs ahead of time and parent/guardian and/or unit leader may be present
- 

Alternative Rank Requirements for Scouts-BSA

- Can apply to Scout, Tenderfoot, Second Class and First Class
- Must be approved by Council
- Must provide “similar challenge and learning experience” to the original requirement
- Board of Review members should be informed of special circumstances and needs ahead of time and parent/guardian and/or unit leader may be present
- Permanent physical or cognitive disability, or disability expected to last more than 2 years or beyond the age of 18
- Scout must complete as many of the existing requirements (exactly as stated) as possible PRIOR to applying
- Similar process as applying for registration beyond the age of eligibility
- Unit leader or Committee Member will suggest alternatives



Alternative Merit Badges for Eagle Scout Rank

- Must be approved by Council
 - No individual requirements for merit badges can be modified
 - Substitution is in full - one badge for another
 - "Must present the same challenge and learning level as those that they replace"
 - Permanent physical or cognitive disability, or disability expected to last more than 2 years or beyond the age of 18
- 

Alternative Merit Badges for Eagle Scout Rank


- Must be approved by Council
- No individual requirements for merit badges can be modified
- Substitution is in full - one badge for another
- "Must present the same challenge and learning level as those that they replace"
- Permanent physical or cognitive disability, or disability expected to last more than 2 years or beyond the age of 18
- Scout must complete as many of the Eagle Merit badges as possible before applying (unless a permanent disability clearly precludes completing specific merit badges, in which case application can be made AFTER a Scout reaches first class)
- Similar process as applying for registration beyond the age of eligibility
- The approved Application for Alternative Eagle Scout Rank Merit Badges MUST be attached to the Eagle Scout Rank Application

Tenting

- All lodging and tenting arrangements must comply with current BSA Youth Protection and Barriers to Abuse
- In Scouts BSA, Sea Scouts and Venturing programs, Youth with a special need or disability that may require a parent or legal guardian to tent with them must develop a plan in conjunction with their local council Scout Executive
- Similar process as applying for registration beyond the age of eligibility
- Process must be completed for each Council that Scout will require accommodations



Resources

- [Special Needs and Disabilities - Serving Scouts With Disabilities | Boy Scouts of America \(scouting.org\)](https://www.scouting.org/resources/disabilities-awareness/)
(<https://www.scouting.org/resources/disabilities-awareness/>)
 - Abilities Digest (quarterly newsletter archived on scouting.org)
(<https://www.scouting.org/resources/disabilities-awareness/abilities-digest-archives/>)
 - Guide to Advancement (Section 10)
 - [GAPS | Boy Scouts of America \(ocscouts.org\)](https://www.scouting.org/resources/disabilities-awareness/)
(<https://www.scouting.org/resources/disabilities-awareness/>)
 - Facebook Groups:
 - No Scout Left Behind: A Guide to Working with Scouts with Disabilities
 - Special Needs Scouting, Occoneechee Council, BSA
- 

Questions...?

Debra Hall

debraghall@yahoo.com

Cardinal District Roundtable

Scouts BSA Breakout Session August 2021



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What is the Historic Trails Award?

- **Purpose** is to bring appreciation to the ideals, principles, and traditions that have made our country strong.
- **Requirements** emphasize cooperation between historic societies and Cub Scout, Scouts BSA, Venturing, and Sea Scout units.

Who is eligible?

- **Designed for all levels of Scouting from Tigers and Lions up through adults. Each approved Historic Trail has a designed trek requirement consistent with Scout ages and the Guide to Safe Scouting.**
- **Many of the registered historic trails offer individual patches and/or medals designed for uniform wear in addition to the Historic Trails Award which is designed for equipment or vest wear/display.**
- **Completion of the Historic Trail Award also enables Scouts to complete portions of merit badge or activity pin requirements.**

Requirements (2019 Revision)

To earn the award, members of your unit must plan and participate in a historic activity. A unit historic activity requires members to:

- Locate an historic trail or site using <http://bsatap.org/bsa-historic-trails-index/> or by contacting local councils. Have participating Scouts study materials regarding the historical aspect of the trail or site using council-provided pamphlets, web-based resources, local historic societies, or the library.
- Hike or camp two days and one night along the trail **or** in the vicinity of the site. Options include an area hotel or the home of other Scouts.
- Conduct a substantial service project or trail/site restoration under the supervision or permission of the owner or sponsoring agency of the trail or site. An alternative to a project can be a historic pageant, ceremony, or other public event related to this trail or site. Such an event should be large enough to merit coverage by the local press.
- Submit completed application to local Council

NC BSA Recognized Historic Trails

1. Cape Fear Historic Trail (Wilmington)
2. Moore's Creek National Battlefield (Wilmington)
3. Glencoe Mill Village History and Culture Trail (Greensboro)
4. Haw River Hiking Trail (Greensboro)
5. Roanoke Canal Trail (Kinston)

NOTE: travel times listed on the following slides are from Fuquay Varina

Cape Fear Historic Trail

- **Driving distance: 2 hrs. (approx.)** **Location: Wilmington, NC**
- **Theme: Local history**
- **Sponsor: Cape Fear Council, BSA, 110 Longstreet Dr., P.O. Box 7156, Wilmington, NC 28406, (910) 395-1100, www.capefearcouncilbsa.org**
- **Length: 6 miles (loop)**
- **Route: Trail begins at the Price House at 514 N. Market St., heads north and west to Oakdale Cemetery, then south on Market St. to the Cape Fear River and other downtown sites, then returns to the point of beginning.**
- **Terrain: City streets (mild elevation)** **Cycling: Allowed**
- **Awards: Patch Available**
- **Submit: No requirement**
- **Pre-Register: Not required**

Moore's Creek National Battlefield

- **Driving Distance: 2 hrs. (approx.)** **Location: Currie, NC**
- **Theme: Pre-Revolutionary War battle – February 27, 1776**
- **Sponsor: Cape Fear Council, BSA, 110 Longstreet Dr., P.O. Box 7156, Wilmington, NC 28406, (910) 395- 1100, www.capefearcouncilbsa.org**
- **Length: 1.3 miles (loop)**
- **Route: The trail begins at the Visitor Center, and follows the History Trail, with a side loop around the Tarheel Trail, and back to the start.**
- **Terrain: Dirt paths (generally flat)** **Cycling: Not recommended**
- **Awards: Patch Available**
- **Submit: Group leader's completion certification**
- **Pre- Register: Not required**

Glencoe Mill Village History and Culture Trail

- **Driving Distance:** 1 1/2 hrs. (approx.) **Location:** Glencoe Mill, NC
- **Theme:** Local history (cotton mill and town)
- **Sponsor:** Old North State Council, BSA, 1405 Westover Terrace, Greensboro, NC 27408, (336) 378-9166, www.bsaonsc.org
- **Length:** 3.0 miles (loop)
- **Route:** The trail begins at the Textile Heritage Museum, follows the History Trail along the Haw River and back to the start.
- **Terrain:** Dirt / paved paths (gentle rolling terrain) **Cycling:** Not recommended
- **Awards:** Patch Available
- **Submit:** Group leader's completion certification
- **Pre- Register:** Not required

Haw River Historic Trail

- **Driving Distance:** 1 hr. 15 min (approx.) **Location:** Burlington, NC
- **Theme:** Local history (historic mills)
- **Sponsor:** Old North State Council, BSA, 1405 Westover Terrace, Greensboro, NC 27408, (336) 378-9166, www.bsaonsc.org
- **Length:** Currently 40 miles (one way) with plans to expand to 71 miles
- **Route:** The trail begins at the Haw River State Park Visitor Center and continues to Jordan Lake Recreational Area. (sections include MST Trail)
- **Terrain:** Dirt paths (mild rolling terrain) and river **Cycling:** Not recommended
- **Canoeing:** Allowed
- **Awards:** Patch Available
- **Submit:** Group leader's completion certification
- **Pre- Register:** Not required

Roanoke Canal Historic Trail

- **Driving Distance:** 1 hr. 45 min. (approx.) **Location:** Kinston, NC
- **Theme:** Local history (canal transportation in 1800's)
- **Sponsor:** East Carolina Council, BSA, 313 Boy Scout Blvd, Kinston, NC 28501
(252) 522-1521, www.eccbsa.org
- **Length:** 7.7 miles (one way)
- **Route:** The trail begins at the Roanoke Rapids Lake Day Use Center and continues to River Falls Park
- **Terrain:** Dirt paths generally flat one steep section **Cycling:** Allowed
- **Awards:** Patch Available
- **Submit:** Group leader's completion certification
- **Pre- Register:** Recommended

Other options for historical trails

1. **Reed Gold Mine Trail** (Midland NC) This 0.5 mi dirt trail loop (easy) takes you through the first gold rush in America. Approximately 2.5 hours.
2. **Guilford Courthouse National Military Park** (Greensboro, NC) This 1.7 mi dirt trail loop (mild) takes you through a Revolutionary War battlefield. Approximately 1 hr. 30 min.
3. **Wright Brothers Walkway** (Kitty Hawk, NC) This 2.7 mi paved trail (easy) takes you to the site of the first manned flight. Approximately 3 hr. 45 min.
4. **Boone's Cave Park** (Lexington, NC) These 6 mi dirt trails takes you to the cave used by Daniel Boone and his family. Portions can be strenuous depending on route taken. Approximately 2 hr.

Other options for historical trails

5. **Stone Mountain Loop** (Roaring Gap, NC) This 4.7 mi dirt trail loop (strenuous) takes you to Stone Mountain summit, waterfall and historic homestead. Approximately 2.5 hours.
6. **Mingus Creek Trail** (Cherokee, NC) This 5.8 mi dirt trail loop (moderate) takes you to historic working homestead /mill. Approximately 5 hr.
7. **Basin Trail** (Kure Beach, NC) This 2.2 mi dirt trail loop (easy) takes you through beach dunes and WWII bunker. Approximately 2 hr. 30 min. .
8. **Old Field Bluff Trail** (Chapel Hill, NC) This 3.0 mi dirt trail loop (easy) takes you to remains of two mills and homestead from 1700's. Approximately 45 min.

Hidden History remains around Raleigh

- **Reference WRAL.com**
- **Digital Journalist Heather Leah, a fifth-generation Raleighite and professional historian, explores lost history that's often not found in the mainstream history books. For nearly a decade of uncovering Hidden History, she's dug through the State Archives, explored underground tunnels and secret places, interviewed long-time Raleighites for oral histories--and brought the photos and stories to you.**

Hidden History remains around Raleigh

- **NASCAR speedway 1950s**
- **Old Milburnie Dam**
- **Occoneche Speedway – remains of last NASCAR dirt track along banks of Eno River**
- **Abandoned Hwy 98 Falls Lake**
- **Abandoned Mills, homesteads – Umstead Park**
- **Many other examples are mentioned on WRAL.com consider inviting Digital Journalist Heather Leah to a Unit meeting**

Unit Roundtable Challenge

- **Contact your local community and establish a historic trail or complete a service project and assist in marking or promoting the trail or historic location.**
- **Award: Self satisfaction that you performed a community service project and promoted Scouts BSA in a **POSITIVE** manner!!!!!!!!!!!!!!!!!!!!**

